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## **ICLEP scores success as it opens second half century**

**The Indian Contact Lens Education Program offers delegates a comprehensive update on the latest developments in contact lenses. IACLE's Director of Educational Programs Nilesh Thite reports from this year's event, the 51<sup>st</sup>, held in Hyderabad last month**



The 51st Indian Contact Lens Education Program (ICLEP) was organized at LV Prasad Eye Institute (LVPEI), Hyderabad from 3-5 July 2015 and supported by Bausch + Lomb. This prestigious event was inaugurated by Dr Prashant Garg, Director of Education at LVPEI.

A total of 115 delegates from across India attended the program and had their knowledge of contact lenses updated. Hands-on experience of the latest techniques was also included.



The program was spread across three days and had three guest speakers: FIACLE Nilesh Thite, IACLE Asia Pacific Contact Lens Educator of the Year 2015 Professor Monica Chaudhry and FIACLE Yeshwant Saoji. Among the other speakers were FIACLEs Shyam Sunder Tummanapalli, Srikanth Dumpati, Parthasarathi Kalaiselvan, Khemraj Nackwal and Harish Kudiyiruppu.

The first day covered topics such as the basics of contact lenses, fitting soft contact lenses, disposable lenses and silicone hydrogels. The day concluded with interactive sessions from Monica, Nilesh, Shyam Sunder and Srikanth covering case discussions related to patient selection, contact lens fitting, clinical examination and fitting toric lenses. A wet lab session allowed interested delegates to practice slit-lamp techniques, lens application and removal, and soft contact lenses fits.

The second day featured a wide range of lectures on infections and complications associated with lens wear, and a review of therapeutic contact lenses. This session was followed by rigid gas permeable (RGP) lens fitting, complications of RGPs, fitting keratoconic eyes and a video demonstration on RGP fitting.

Simultaneously, there was instruction course on toric contact lenses led by Nilesh and Srikanth. The course began by highlighting the opportunity in this segment and eventually simplified toric lens fitting. Role play and live demonstrations helped delegates understand the correct ways of communicating and assessing the fitting of torics.

Monica was a part of an instruction course on silicone hydrogel lenses. This course covered the science behind silicone hydrogel lenses in detail. Delegates were energised after learning about the availability of these lenses, their interaction with solutions and management of issues.

Yeshwant, Monica and Parthasarathi conducted another instruction course on fitting keratoconus patients. Delegates appreciated the case discussions, video demonstrations and the practical tips to trouble shoot problems.

The final day included fitting of paediatric contact lens fitting, presbyopic contact lenses, lenses for post corneal surgeries, scleral lenses, orthokeratology and reducing drop-outs.

At the end of these sessions there was an absorbing panel discussion on practice management facilitated by Nilesh Thite.

Overall, the 51st ICLEP was a successful program and delegates were extremely happy and satisfied with the level of knowledge they acquired.

