

IACLE gets involved in Vision-X in Dubai

IACLE was well represented at the Vision-X Opticare Conference in the Middle East last month (25-27 October), an event attended by members from several countries as Niles Thite reports



[The Vision-X Opticare Conference](#) was held at the World Trade Centre in Dubai during the Vision-X Exhibition. The Dubai Health Authority (DHA) accredited lecture program allows delegates to be awarded CME points.

The exhibition and conference is a great event for Middle East optical professionals. The lecture program included dedicated sessions on contact lenses, pediatric optometry, dry eye and fitting of scleral and toric lenses.

IACLE's President **Dr Shehzad Naroo** and Director of Educational Programs **Niles Thite** were invited as keynote speakers. FIACLE **Caroline Christie** and **Dr Mireia Pacheco-Cutillas**, President of the [European Academy of Optometry and Optics](#), were also keynote speakers.

The conference opened with a lecture on 'Fitting toric lenses'. Shehzad briefed the delegates on IACLE and its mission. He then spoke on the need to fit toric lenses, where we are currently, and the science behind toric lenses. Niles then took the delegates through the simple steps in fitting toric lenses. Together they conveyed the message: fitting toric lenses is easy so let's do it!

In the afternoon session, they conducted a workshop on toric lens fitting. There was a live demonstration with a patient where they displayed the excellent visual



outcome produced by toric lenses and the ways to calculate axis rotation. The live workshop demonstrated the visual benefits of toric lenses over using mean spherical equivalent contact lenses or spherical powered contact lenses with an aspheric optic zone.



They also took this opportunity to interact with various eye care practitioners, educators and company representatives. The event was attended by IACLE members from many parts of the world, including the UK, Saudi Arabia, Jordan, India and Lebanon.

Nilesh and Shehzad are pictured with **Dr Waleed Alghamdi**, Professional Affairs Manager - Middle East, Johnson & Johnson Vision Care during a

visit to [The Vision Care Institute of Johnson & Johnson \(Middle East\)](#) in Dubai.

- **Vision-X 2017 will take place at the Dubai World Trade Centre from 17-19 October.**