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IACLE India plays key role in contact lens meeting in Kerala

The Indian state of Kerala reportedly has as many as 2,000 students studying optometry, representing a major opportunity for IACLE to extend its reach. Nilesh Thite reports on Optocon II, a one-day multidisciplinary meeting where IACLE presenters were prominent



The Optocon II Workshop on Contact Lenses was organized by the [Giridhar Eye Institute](#) and [SSM Eye Research Foundation](#) in Kochi, India (8 January). More than 225 delegates (a mix of ophthalmologists, optometrists and optometry interns) benefited from this event.

Dr S J Saikumar, medical superintendent of the hospital, inaugurated the program. The invited faculty FIACLE **Monica Chaudhry**, Professor at [Amity University, Gurgaon](#), FIACLE **Nilesh Thite**, IACLE's Director of Educational Programs, and FIACLE **Yeshwant Saoji**, a practitioner who owns an optometry practice in Nagpur, enlightened the delegates with a rich content of scientific deliberations.

The program covered topics from simple soft contact lenses for refractive correction to specialized lenses such as scleral designs used for complex corneal diseases. Vision correction options, breaking the cycle of discomfort, updates on contact lens care, toric lenses, contact lens options for children and presbyopes, and therapeutic lenses were the lead talks in the morning session. The second session covered specialty contact lenses such as options for keratoconus, scleral lenses and Ortho K.

Delegates found this event very useful and expressed the desire to attend future events.