

LV Prasad Eye Institute, Hyderabad hosts 53rd Indian Contact Lens Education Program (ICLEP)

FIACLEs played a prominent role in this year's ICLEP meeting in Hyderabad, India delivering lectures and workshops on a wide range of topics, from the opportunity to grow the toric segment to keratoconic fitting. Nilesh Thite reports



The 53rd Indian Contact Lens Education Program was organized at [LV Prasad Eye Institute](#) (LVPEI), Hyderabad from 24-26 November and supported by Bausch + Lomb. More than 90 delegates from across India and also from overseas attended the program and updated their knowledge and skills on contact lenses.

The program was spread across three days and had five guest speakers: **Dr Chirag Patel** from BostonSight, USA; FIACLE **Nilesh Thite**, IACLE's Director of Educational Programs; FIACLE **Dr Rajeswari Mahadevan**, IACLE's Asia Pacific Regional President; and FIACLEs **Isha Dave** and **Prasad Sawant**. Among the other speakers were FIACLEs **Srikanth Dumpati**, **Khemraj Nackwal**, **Harish Kudiyiruppu** and **Jayashree Sekar**.



The first day covered topics such as the basics of contact lenses, soft contact lens fitting, disposable lenses, lens care with silicone hydrogels, toric contact lenses and presbyopia management. The day also included a review of complications of contact lens wear. There was a wet lab session for interested delegates who could practice slit-lamp techniques, lens application and removal and soft contact lens fits.

Simultaneously, there was an instruction course on toric soft contact lenses led by Nilesh and Isha. The course started with the opportunity to grow this segment and led on to a simplified toric lens fitting technique.



Live demonstrations helped delegates understand the effect of toric lenses on visual acuity and the correct ways of assessing the fitting of torics.

The second day had a wide spread of lectures on RGP lens fitting, complications of RGPs, fitting keratoconic patients and a video demonstration of RGP fitting. Nilesh and Harish conducted an instruction course on multifocal contact lenses, which covered the fitting and fine tuning of multifocals. The delegates were energised after seeing how multifocal lenses provided good distance and near vision along with stereopsis. There was also a session dedicated to orthokeratology. The delegates took a keen interest in the science of ortho-k and interacted freely with the speakers.

Dr Chirag, Isha and Rajeswari conducted another instruction course on fitting keratoconic patients. Delegates appreciated the case discussions, video demonstrations and the practical tips to troubleshoot problems.

The final day included fitting of scleral lenses and the last session was dedicated to practice management. Overall, the 53rd ICLEP was a successful program and delegates were extremely happy and satisfied with the level of knowledge they acquired.

