



Tuesday 18 September 2018

8.00	Registration and Exhibition		
8.30	Opening Ceremony		
Lecture Track		Workshop Track	
9.00	Session: Myopia Management Myopia Management Guidelines Dr Kate Gifford		
10.00	Session: OrthoK Chair: Professor Pauline Cho The potential for your practice Professor Pauline Cho Practical tips and case studies in orthokeratology Dr Oliver Woo	Easy as 1-2-3 – how and when to use hybrids and semi-sclerals Nick Howard & Dr Joserine Samson	
11.00	Moving forward with innovation for your practice growth Dr Gary Orsborn and Dr Paul Chamberlain		
11.30	Tea/Coffee Break and Exhibition		
12.00	Session: OrthoK Chair: Professor Pauline Cho Research update in myopia control with low dose atropine and orthokeratology Dr Peter Chen		
	Free Papers		
	<ul style="list-style-type: none"> • Myopia Control with Custom-Designed Orthokeratology Lenses • Decision tree for myopia control management • Combined Atropine with Orthokeratology (AOK) for myopia control: Study design and preliminary results • Comparison of myopia progression in new and established myopia control treatment (MiSight®) groups • Does increased compression factor in orthokeratology affect refractive and ocular responses? • The effect of orthokeratology lens diameter on treatment zone parameters 	Martin Kwan Sin Wan Cheung Qi Tan Paul Chamberlain Kin Wan Singson Kwan	Presbyopia Success with Contact Lenses Tim Grant
13.30	Lunch and Exhibition		
14.30	Smart Touch.....The UpSide to CL Hygiene. Brian Tompkins		
15.00	Water Habits of Contact Lens Wearers Professor Fiona Stapleton		
15:45	Tea/Coffee Break and Exhibition		
16.15	Session: Comfort and Contact Lenses Chair: Professor Eric Papas		
	<ul style="list-style-type: none"> • Neurosensory background to Contact Lens Discomfort • Update on mechanisms of discomfort since TFOS Contact Lens Discomfort • Influence of materials and design and how close current CLs come to the ideal in these respects 	Professor Fiona Stapleton Associate Professor Jennifer Craig Professor Eric Papas	Introduction to OrthoK Sander Sterk
17.45	Networking Welcome Drinks Reception and Posters in exhibition room		

Programme is subject to change. Up to 22 CE points will be available across the two-day programme.* Please refer to the BCLA website for the most up to date information. Due to limited availability, all sessions taking place in the workshop track must be pre-booked in advance online at www.bcla.org.uk

*Up to 7 CE points per day can be achieved just by attending the lecture track only

Wednesday 19 September 2018

Lecture Track		Workshop Track
8.30	Session: Dry Eye Dry Eye Live Professor Jennifer Craig and Professor James Wolffsohn Free Papers <ul style="list-style-type: none"> Tears Lipid in Young Malay Myopic Adult after 1 Year with Soft Contact Lens-Colorimetric Changes in tear lipid after 12 months of wearing soft hydrogel contact lenses The comparison of NIBUT, TMH and TBUT between Chinese and American Adults Effect of UV exposure on conjunctival fibroblasts in normal and hyperosmolar conditions. 	Let's be proactive ... Nilesh Thite and Lakshmi Shinde Why 1 Day Silicone Hydrogel is needed. Dr Gary Orsborn and Dr Paul Chamberlain
	 Asmah Ahmad Bariah Mohd-Ali Haiying Wang Tugce Ipek	
10.30	Close-up Look at Improving Quality of Life for Presbyopes Mr Dwight Akerman 	
11.00	Tea/Coffee Break and Exhibition	
11.30	The Latest Science: Free Papers Chair: Chui Wen Juan <ul style="list-style-type: none"> Delefilcon A Multifocal contact lenses across all distances in post refractive surgery patients Changes in Accommodative Micro-Fluctuations after Wearing Contact Lenses of Different Optical Designs Quality of vision of three multifocal contact lenses with similar optical design using two different fitting guides Efficacy of a novel povidone-iodine based disinfecting solution for rigid gas permeable lenses Identifying Pigment Enclosure in Cosmetic Contact Lenses Risk factors associated with contamination of rigid contact lens cases Fitting characteristics of eight different soft contact lens in normal eyes Does long-term rigid contact lens wear cause acquired ptosis? To evaluate the multicurve contact Lens fitting for the visual rehabilitation of Keratoconic corneas following collagen crosslinking (C3R) and analyze the modifications used to achieve optimal fitting. 	Corneal Topography interpretation and use in Clinical Practice Dr Randy Kojima
	Manki Chan Gary Orsborn Timothy Grant Maureen Boost Vrushali Korde Jjanglan Wang Rajeswari Mahadevaan Bi Yang Sneha Aggarwal	
13.00	Lunch and Exhibition	
14.00	Grand Rounds Professor James Wolffsohn and Guests	Running an effective clinic for children Dr Kate Gifford
15:00	Session: Contact Lenses - Global attitudes, approaches and patient perspectives Professor Eric Papas Free Papers <ul style="list-style-type: none"> Proactive contact lens prescribing – Which approach is more effective? Japan ECPs' perceptions about 1 day silicone hydrogel contact lenses 	Astigmatism and OrthoK Dr Randy Kojima
	Nilesh Thite Gary Orsborn	
16.00	Tea/Coffee Break and Exhibition	
16.30	Crystal Ball Gazing ... what does the future hold Professor James Wolffsohn and Guests	
17.30	Closing Remarks	

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