

November 2018

Malaysian institution holds sixth Contact Lens Awareness Week

Healthy contact lens habits were the theme for SEGi Optometry Club's latest Contact Lens Awareness Week. Director Fatimah Musharrafah Qurratul'Ayn Gurrebun explains the concept and welcomes the success of this year's event



SEGi Optometry Club (SOC) is the official club of the Faculty of Optometry & Vision Sciences (FOVS) at [SEGi University](#) in Petaling Jaya, Malaysia and was formed in 2011. The most recent event organized by club members was the 2018 Contact Lens Awareness Week. This is an annual initiative and this year was the sixth time SOC organized the event, which was held from 19-21 September.

The theme for this year was **Healthy Habits Mean Healthy Eyes**. The objective of this event was to deliver the message that contact lenses are not cosmetic devices and should be handled with proper care and hygiene. The event was open to everyone at SEGi University – students and staff. Increased awareness of the importance of proper contact lens hygiene can encourage contact lens wearers to adopt healthy habits which can reduce the chance of getting an eye infection.

This year's key areas were:

- Healthy contact lens hygiene habits
- Proper use, care, and storage of contact lenses and supplies
- Regular visits to an eye care provider



It was a proud honor for us to have **Professor Azrin E Ariffin** (pictured left) – Dean, Faculty of Optometry & Vision Sciences and Deputy Vice Chancellor (Student Affairs) – to address the crowd during the opening ceremony.



The event spanned three days during which the undergraduate students of FOVS conducted preliminary contact lens assessments. The assessment included a brief history of their vision and contact lens experience, followed by visual acuity measurement, ocular health assessment using the slit-lamp biomicroscope including TBUT measurement, and corneal curvature measurement by keratometry.



We also had a special station for existing contact lens wearers where we emphasized the proper handling and care of contact lenses. SEGians who wanted to try contact lenses or get new lenses were referred to the Contact Lens Clinic at SEGi EyeCare where a complete contact lens examination was performed.

The event was sponsored by **Horien, Supervision, SEED, Freshkon and CooperVision**. Horien, Supervision and SEED had booths set up during the event. Our generous sponsors provided contact lenses and solutions to those who went through the contact lens examination at SEGi EyeCare.

We hope that we delivered our message and people will be more hygienic and more care will be taken when handling contact lenses. We would like to take this opportunity to thank all our sponsors who helped us in making this event a success.

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