

IACLE French Webinar Series Report

The series of French speaking webinars French speaking members were an interesting set of presentations. On average we had a total attendance of 25, made up of members on Zoom and students, educators and practitioners from the livestream on Facebook.

Professor Etty Bitton from Montreal, Canada, gave her recent global presentation on ‘Setting up for contact lens success: the tear film and beyond’, but this time in French. She explained how successful contact lens wear requires a healthy tear film and adnexa and why lid disease and issues with the tear film can contribute to ocular discomfort and dryness, which are amongst the primary reasons for contact lens dropouts affecting negatively both clinical practice and the CL industry. **Dr Bitton’s** presentation described the elements that are necessary to be considered for successful CL wear, including health history, lid evaluation, tear film assessment, CL parameters, CL maintenance and setting patient expectations. She discussed how promoting a healthy tear film and adnexa, plus treating early clinical presentations could set the patient up for successful CL wear.

FIACLE **Marina Barthe**, from Bordeaux France, spoke on the current important topic of ‘Myopia control with contact lenses’. After some basics about myopia and its increasing prevalence in the world, she spoke on the specifics of a myopia optometric consultation and how myopia control contact lens geometry works, discussing the contact lenses available in the current French market. Marina then shared two case studies, the first with a myopia control soft contact lens, and the second with an orthokeratology lens, to show the progress of these contact lens options.



The webinar was hosted by FIACLE **Samuel Avril** from Saint-Étienne France, who gave a presentation on irregular corneas and the clinical elements to carry out a fitting. He explained that when we start doing contact lens practice, we may not necessarily have all the required instrumentation, such as a topographer, but suggested what is important for success. **Samuel** discussed two cases of keratoconus explaining the way to start and finalise the fitting process. He covered the first prerequisites of CL fitting on irregular corneas and gave examples of a keratoconus fit with corneal rigid contact lenses and one with a scleral lens.

There were always lots of questions after each presentation, which made the series a lively and interesting event.