Dr Shehzad Naroo

Dr Shehzad Naroo is an Associate Professor (Reader) at Aston University and teaches in anterior eye. Shehzad's research interests include contact lenses, dry eye, corneal biomechanics, laser refractive surgery, cataract and lens surgery, intraocular lenses, sports vision, and business aspects of UK eye health care. He has authored and co-authored nearly 200 publications (including peer-reviewed, editorials, textbook chapters, non-peerreviewed etc.). He is Editor-in-Chief of the British Contact Lens Association (BCLA) journal 'Contact Lens and Anterior Eye' and Global President of the International Association of Contact Lens Educators (IACLE). He is a Fellow of the BCLA, IACLE, American Academy of Optometry, European Academy of Optometry and Optics and College of Optometrists. In 2014 he was awarded honorary lifetime membership of the BCLA and in 2017 was awarded lifetime fellowship of IACLE. In 2015 he was awarded the World Council of Optometry (WCO) International Optometrist Award due to various projects helping not-for-profit hospitals and universities in countries, with less developed health care systems, working towards improving their education and patient care. In 2017 he became a member of the International Society for Contact Lens Research, whose membership restricted to around 100 people from around the world who are deemed to be the top researchers in the field of contact lenses. In 2019 he was listed as the 8th global expert in the field of presbyopia research and in 2021 he was listed in the top 200 research optometrists in the world.