

2 October

Teach. Learn. Connect. in October

The TLC Initiative is IACLE's online and in-person education and communications program to supplement IACLE'S existing educational activities to support members through their contact lens career. Members can find Zoom login details through the [IACLE Webinars](#) tab in IACLETOP.

Subject: IACLE Virtual Conference and webinars in October

Virtual Conference in October

Incorporating myopia management into teaching



Join us this month for our 6th Virtual Conference themed 'Incorporating myopia management into teaching'. The half-day event takes place on **Saturday 21 October** from **12:00-3:00 pm UK (BST)**. The agenda includes renowned researchers, educators and practitioners who will share valuable insights on the topic.

[Find out what time the webinar begins in your time zone](#)

The global rise in myopia's prevalence has led to increased attention to its management. IACLE's upcoming virtual conference focuses on integrating myopia management into curricula, covering topics on setting up labs and clinics, student and instructor roles, how to stay updated with the latest literature, clinic promotion, and how to counsel children and parents. We will hear from worldwide experts in the myopia and education field who will share their knowledge, experiences and expertise.

[Register here](#) – [view the agenda](#)

WEBINARS IN SPANISH

Every week, Americas Regional Coordinator **Professor Guillermo Carrillo** hosts a webinar series called 'Miércoles de Lentes de Contacto' (Contact Lens Wednesdays), where speakers and IACLE members from across the Latin America region discuss different contact lens-related topics. Please contact [Professor Carrillo](#) for more information.

4 October at 12 pm Venezuela (GMT-4)

Topic: Management of optical aberrations with scleral lenses: Myths and facts

Presenter: Edgar Davila

11 October at 12 pm Venezuela (GMT-4)

Topic: Are there changes in the retina when using scleral lenses?

Presenter: Omar Samano

18 October at 9 am Uruguay (GMT-3)

Topic: Motivation: How to get a good contact lens fit

Presenter: Enzo Elizalde

WEBINAR IN CHINESE

If you have any queries, please contact China National Coordinator [Sun Tiejing](#).

19 October at 8 pm China (GMT+8)

Topic: Contact lenses and dry eye

Presenter: IACLE Team and guest speakers

BCLA invites IACLE members to its upcoming webinar

Menopause and its impact on eyes



The poster is divided into three vertical sections. The left section is dark blue with the text 'Register today' in white. The middle section features a portrait of Dr. Stuti Misra, a woman with dark hair wearing a purple top. The right section has a green-to-blue gradient background with the title 'Menopause and its impact on eyes' in white, followed by 'Dr Stuti Misra', the time '7:00pm – 8:00pm (BST)', and the date 'Wednesday 18 October 2023'.



The [British Contact Lens Association](#) (BCLA) invites IACLE members to their member-only webinar on 'Menopause and its impact on eyes'. The webinar takes place on **Wednesday 18 October at 7 pm UK (BST)** and is hosted by **Dr Stuti Misra**, optometrist-scientist working as a senior lecturer at the [University of Auckland](#) in New Zealand.

Maintaining tear film and ocular health relies on a delicate hormone balance. Perimenopause and menopause can notably impact eye function. Estrogen and androgen receptors are found in various parts of the eye, including the conjunctiva, cornea, meibomian glands, iris, retina, and choroid. After menopause, estrogen levels in the bloodstream may not accurately reflect ocular levels. While dry eye worsens post-menopause, limited clinical data exists. This lecture explores hormonal influences on the ocular surface from puberty to menopause, aiming to educate eye care professionals and patients, both male and female.

[For more information and to register](#)

COMMUNICATIONS

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